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## MEDICATIONS THAT CAN BE USED DURING PREGNANCY

Our providers have created a handy guide to the medications you can safely use during pregnancy. We know that being pregnant doesn't mean you never get sick. Sometimes you can develop more illness during pregnancy as your body is focused on the creation of your baby.

<i>Symptom</i>	<i>Medication (Generic)</i>	<i>Medication (Brand Name)</i>	<i>What is it?</i>
Pain Reliever/Fever Reducer	<ul style="list-style-type: none"> <li>Acetaminophen (Tylenol)</li> </ul>	<ul style="list-style-type: none"> <li>Tylenol</li> </ul>	<ul style="list-style-type: none"> <li>Pain reliever/fever reducer</li> </ul>
Cold/Allergy Symptoms	<ul style="list-style-type: none"> <li>Pseudoephedrine</li> <li>Pseudoephedrine with triprolidine</li> <li>Diphenhydramine</li> <li>Guaifenesin</li> <li>Loratadine</li> <li>Fexofenadine</li> <li>Cetirizine</li> </ul>	<ul style="list-style-type: none"> <li>Sudafed</li> <li>Actifed</li> <li>Benadryl</li> <li>Mucinex</li> <li>Claritin</li> <li>Allegra</li> <li>Zyrtec</li> </ul>	<ul style="list-style-type: none"> <li>Decongestant</li> <li>Decongestant and Antihistamine</li> <li>Antihistamine</li> <li>Expectorant</li> <li>Antihistamine</li> <li>Antihistamine</li> <li>Antihistamine</li> </ul>
Cough	<ul style="list-style-type: none"> <li>Dextromethorphan</li> </ul>	<ul style="list-style-type: none"> <li>Robitussin</li> </ul>	
Sore Throat	<ul style="list-style-type: none"> <li>Sucrets</li> <li>Chloraseptic spray</li> <li>N'ICE</li> <li>Salt-water gargles</li> </ul>		
Diarrhea	<ul style="list-style-type: none"> <li>Loperamide</li> </ul>	<ul style="list-style-type: none"> <li>Imodium</li> </ul>	
Yeast Infection	<ul style="list-style-type: none"> <li>Miconazole Nitrate</li> </ul>	<ul style="list-style-type: none"> <li>Monistat</li> </ul>	
Nausea	<ul style="list-style-type: none"> <li>Vitamin B6, [25mg] plus doxylamine (Unisom) 1/2 pill</li> </ul> <p>Take these together every eight hours as needed.</p>		
Heartburn	<ul style="list-style-type: none"> <li>Tums, Rolaids</li> <li>Famotidine</li> <li>Ranitidine</li> <li>Prescription meds approved by your provider</li> </ul> <p>NO PEPTO-BISMOL</p>	<ul style="list-style-type: none"> <li>Pepcid</li> <li>Zantac</li> </ul>	